Step 2: Collect the most relevant and best evidence

Library Information Services Department
Beaumont Health System
Where Do I Start Trying to Find the Evidence?
Navigating the Maze

Pyramid modified from Navigating the Maze, University of Virginia, Health Sciences Library
EBP Resources

- Meta-Search Engines Examples
  - ACCESSS Database
    [plus.mcmaster.ca/accessss](http://plus.mcmaster.ca/accessss)
  - TRIP Database
Cochrane Systematic Reviews

Cochrane Library

- “Gold Standard” for High-Quality Systematic Reviews
- Full Text Included
- Cochrane Review abstracts are indexed in Medline
- Access through Cochrane Library Link at Beaumont

Cochrane-Inside Beaumont - Medical Library
Other Systematic Reviews and Meta-Analyses

- PubMed Medline – Systematic Reviews

- Identifies systematic reviews and other similar types of studies found in biomedical journals included in PubMed (Medline) database.
- No evaluation of comparative quality of different reviews on a topic.
- Abstracts are supplied by authors/journals.
Evidence Guidelines/Summaries

- UpToDate
- BMJ Clinical Evidence
More Guidelines

- Agency for Healthcare Research and Quality Evidence Reports
  [http://www.ahrq.gov/clinic/epcix.htm](http://www.ahrq.gov/clinic/epcix.htm)
- National Guidelines Clearinghouse
More Database Resources to Help You Search for Evidence

- MEDLINE – database produced by the National Library of Medicine that indexes biomedical literature from 1966 to present. Available at Beaumont through both PubMed and Ovid Web

- CINAHL – Cumulative Index to Nursing and Allied Health Literature database which is targeted for the nursing and allied health research audience
How to access PubMed

- Use Beaumont Hospitals PubMed LinkOut URL
  - This URL will display Beaumont Hospitals print and electronic journal holdings
PubMed Display

- Article Displayed with Abstract and Holdings Information
Searching Ovid Databases

http://gateway.ovid.com/autologin
CINAHL Display
Research Article Format

- Recognizing Key Components of a Primary Research Article

Some of the most common components of research articles include:

1. Title
2. Authority
3. Abstract
4. Introduction
5. Methodology
6. Results
7. Discussion/Conclusion
8. References/Works Cited
Have a Research Question on an Integrative and Complementary Medicine Topic?

Use these resources for evidence based research

- Natural Medicines
  https://naturalmedicines.therapeuticresearch.com/

- National Center for Complementary and Alternative Medicine
  http://nccam.nih.gov/
Searching Google Scholar for Research Studies

http://www.google.com/scholar
EBN Websites & Journals

**Websites**

- University of Minnesota’s Evidence Based Nursing Project
  [http://evidence.ahc.umn.edu/ebn.htm](http://evidence.ahc.umn.edu/ebn.htm)
- Joanna Briggs Institute
  [http://www.joannabriggs.edu.au](http://www.joannabriggs.edu.au)
- McGill University: Evidence-Based Nursing Site
- Oncology Nursing Society’s Evidence Based Practice Resource Center

**Journals**

- Evidence Based Nursing
- Evidence Based Medicine
Need a Quick Guide for Where to Find the Answers to Your Clinical Questions?

- Answering Clinical Questions in Real Time For Nursing Handout

Available on the Medical Library page on Inside Beaumont under Evidence Based Medicine and Nursing Resources Section
Remote Access for Library

To access the Inside Beaumont pages from off campus:

Use this URL:

http://employee.beaumont.edu

& sign on with your Beaumont ID and password.

Click on the Inside Beaumont Link and then under the Department Link – Medical Library
Come See a Librarian at Your Beaumont Hospitals Libraries

Call us at x81750
or go to the Inside Beaumont page under Departments-Medical Library and submit your search request online to us!

We’re here to help you navigate the maze!